



UPLANDS ELEMENTARY SCHOOL

JANUARY 2018

4110 Thomas St. Terrace, BC V8G 4L7
Phone: 250-635-2721
School Hours: 9:00 AM – 2:53 PM
Principal – Mrs. Pat Mouland
patricia.mouland@cmsd.bc.ca

Happy New Year!

We hope that everyone had an enjoyable break. It was great to welcome your kids back to school. January is always an exciting time when we see many students take leaps in their learning.

Thank you for your generosity in December. With your support we were able to donate a lot of food to the Christmas Hamper Drive. We also appreciated all of the baking contributions for our Christmas Coffee Houses.

We have some exciting things to look forward to in the next month.

January 22nd we will welcome our second concert series event, *Speed Control*. You can learn more about this concert at www.kbamonline.com. This is part of our District Wide Concert Series that your \$10 concert fees cover.

We will be hosting Uplands Idol auditions at the end of the month. Rather than a full Uplands Idol Assembly, we will book acts to perform at our Olympic Opening Ceremonies, Closing Ceremonies and Assemblies in April, May and June.

Speaking of the Olympics, we are planning to catch a bit of Olympic fever here at Uplands. Stay tuned to find more about the activities that we are planning.

Wishing everyone a very Happy New Year and we look forward to witnessing the many successes and achievements of our students as the year unfolds.

THINGS TO LOOK FORWARD TO:

Sign-Up for Upland Idol Auditions
January 15-19

School Concert Series – Speed Control
January 22nd

Uplands Idol Auditions
January 23rd-26th

Grade 6 Shames Ski Trip
January 26th

PAC Meeting
February 6th, 6 pm

Opening Ceremonies for the Olympics
Movie Night – Despicable Me 3
February 8th

NID – No School
February 9th

Family Day Holiday
February 12th

Grade 6 Sports Program



Volleyball Season wrapped up with both our boys and girls team working hard, building skills and winning games.

We are lucky to have a wonderful team of volunteers who have donated their time and talents to supporting our students.

Thank you to **Mrs. Shinde, Mr. Hansen and Mr. Kriegl** for coaching. And to **Mr. Edwards & Mrs. Davey** for reffing.

Basketball Season has begun. Our coaches this season are **Mr. Hansen and Mr. Martin**. Thank you!

And a big THANK YOU to **Mrs. Shinde** who has organized and sponsored all of our sports teams.

Tips for Staying Warm in Winter

Our primary students gave us some smart tips for cold weather:

"You have to wear a hat and mittens!" (*Some students are not coming prepared with these items.*)

"My dad is an archeologist and he said you can stay warm if you dress in layers." (*Great idea especially if your winter coat is not very warm.*)

"Don't come to school really early or you will get cold waiting for the bell." (*Supervision begins at 8:45 so 8:45-8:55 is the perfect arrival time.*)

"Move around and have fun outside instead of standing still."

With the cold weather the past couple of days, we did shorten and cancel some of our outside playtime.



Attendance

It is very important that you notify the office if your child is going to be late or absent for any reason, including vacation.

You can either leave a message on the answering machine (250-635-2721) or send an email to Mrs. Davey



(teri.davey@cmsd.bc.ca).

Newsletters

This month the newsletter has been sent electronically to all families that we have email addresses for. If we don't have an email address, we will send home one paper copy of the newsletter with the oldest child in the family.

To enter the family Monthly Draw if you have received this electronically, hit reply and I will enter your family's name in the draw box. If you received a paper copy, send in the slip at the bottom of this page.



Grade 4/5 Snowpass

How fortunate are we that we live so close to a fabulous ski hill. If your child is in grade 4 or 5 there is a cost effective way to get your child skiing. Check out the link below for more information:

<https://www.skicanada.org/grade-4-5-snowpass/>



Alternative Classroom Seating Inquiry

We are exploring some alternating seating options at Uplands. Two of our classes are testing out:

-therabands on desk legs

-wobble seats

-standing desks

-desk cycles



We have a hunch that offering some of these options will increase focus and on-task behaviour. Mrs. Munson and Mrs. McKay are participating in this inquiry. Our plan is to extend these options into other classes if our hunch proves to be right. This will become a focus for some of our fundraising.

Facebook

Check out the Uplands Elementary PAC Facebook page if you haven't already. It's a great way to stay connected and find out about opportunities to get involved with the school. A reminder that we have two ways to stay connected with the school.

Give it a like and follow!



Monthly Draw

After reading the newsletter with your family, please sign and return this portion of the newsletter. You could win a great prize. Each month we will have one family draw.

Children/Child's Name: _____

Parent/Guardian Signature: _____

Comment: _____
